



SOUTHERN OKANAGAN SECONDARY SCHOOL

OCTOBER NEWSLETTER 2022

Home of the Hornets!



Principal's Message

Welcome fall! Thank you to our Indigenous Advocates and our Social Justice class for organizing our Truth & Reconciliation assembly on Wednesday. It was heartfelt and informative. Additionally, a huge thank you to our Foods class who provided food and cards to the OIB Elders at the Hat on Thursday.

Mrs. Podmorow and Link Crew organized our Terry Fox Run last week. Together, staff and students raised over \$3,600 for cancer research. Congratulations everyone for your generous support.

Athletic teams are in full swing thanks to the organization of our Athletic Director, Mr. Podmorow. This year for the fall sports, we have volleyball and field hockey with over 100 students participating on one or more teams. We wish all student athletes a fun and positive season and a huge thank you to all the coaches who are volunteering their time to work with our kids.

The cafeteria is again up and running with delicious food being prepared by our students under the guidance of Mr. Deyer. The monthly menu has been posted on our website. Cafeteria \$60 punch cards are available in the office or online. Our Rycor payment system is also up and running. If you haven't already paid school fees, please do so as soon as possible.

The Auto-Dialer system is in place again this year. If your child has an unexcused absence during the day, the system will phone and email you. Please let the office know if your contact information has changed so we can update it in the system. If your child is going to be away, please let us know.

The Ministry has announced the [Student and Family Affordability Fund](#) for the 2022-23 school year. Information regarding district allocations and the use of the funding is now available, along with a questions and answers document. If your family is in need of support please contact an administrator.

Thanks to the support of Sam Marsel, the Rotary Club and numerous business partners we are pleased to announce that the Starfish Backpack program is back for the second year. This program ensures that children in need have food to take home every weekend. These generous donations can support up to ten children, every weekend, for the full year. We are extremely grateful.

On a different note, please be advised that in accordance to Policy D-1 there is no smoking or vaping on school grounds. If students are in breach of this, parents will be contacted, and appropriate consequences will be assigned. For more information, check out the following link: [School Code of Conduct](#)

As a safety reminder, please remember that student pick up and drop off is in the front or back of the school not in the parking lot and not in the bus lanes. Safety is our number one priority and bus lanes are busy enough without adding more vehicles. Thanks for your cooperation on this.

October 19th is Parent Teacher Interviews. These will be held in-person, via Teams or by phone. The registration email will be sent out this week and is included in this newsletter. Please be reminded this is an early dismissal day as is October 20. Pro D is October 21. Picture Retakes are also on October 24th.

Our next PAC meeting will be October 20 at 6:30pm via Zoom link is [here](#). We encourage all parents to come out and be involved. We are looking forward to an awesome year! Please email the office if you would like access to the Zoom link. Please don't hesitate to check out our website. Take care and stay healthy.

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Important Dates to Remember

October 6	Grade 8 Day on the Land
October 10	Thanksgiving Day (no school)
October 19	Early dismissal Day, 11:57am
October 19	Parent Teacher Interviews 2-4 pm & 5-7pm
October 20	Early dismissal day, 11:57am
October 20	PAC Meeting VIA ZOOM
October 21	Professional Development Day (no school)
October 24	Photo retakes
October 26	Inquiry—early dismissal 11:57am



Overdue Student Fees

All students must pay a \$30 student activity fee. This covers locker costs, and activities throughout the year. Even if your child does not want a locker, they still must pay the activity fee. New students are required to pay a \$35 textbook deposit in addition to student fees. This will be returned at the end of their tenure at SOSS once all books have been returned in good condition. Math students may be required to purchase a workbook.

All outstanding student fees are now due! Payments can be made by cash, cheque, debit, credit card or online using [Student Quick Pay](#). You can create an account with your own email address and password. You will also need the student number and last name of each student you wish to add to your account. (Pro tip: the student number is your child's computer password!) Please email sossaccounting@sd53.bc.ca if you need help with your account..

COVID Isolation

Ending isolation if you are fully vaccinated OR less than 18 years of age:

If you tested positive and are managing your illness at home you can end isolation when **all 3** of these conditions are met:

1. At least **5 days** have passed since your symptoms started, or from the test date if you did not have symptoms.
2. Fever has resolved without the use of fever-reducing medication, such as acetaminophen or ibuprofen.
3. Symptoms have improved.

Parent/Teacher Interviews

Parent Teacher Conferences Bookings
October 19th
2-4pm and 5-7pm

It's time for connecting with your teachers to discuss your progress so far in your courses. The link for booking a time slot is available on the school website or [here](#) for a quick booking. Please note that the options for bookings this year include a telephone call, a Teams video call or a meeting in person. If you are opting for the in person booking it is important that you are ready for your time slot as teachers will have other bookings to conduct using the other options. We look forward to meeting with you!



STUDENT VOICE CLUB

Tuesdays at lunch in 207

Student Voice Club

The Student Voice Club is holding a Fundraiser and collecting Food Donations for the local Food Bank this week. Club members are selling their *baked goods* (for a suggested donation of \$1 each) and collecting *non-perishable items* October 3-7 in the front foyer of the school. The club is grateful to our school community for supporting this project to help those in need.

Food Bank Donations – Oct. 3-7

Items most helpful for our hampers include:

- 100% fruit juice (1 L. or 5-pak singles)
- Oatmeal (1 kg or individual serving size)
- Cereal (small boxes Cheerios, any flavor)
- Granola bars
- Canned soup
- Canned tuna, salmon, sardines
- Canned fruit
- Canned vegetables
- Dry pasta 500 g or less
- Rice
- Protein beans and beans in sauce
- Mac & Cheese
- Mr. Noodles
- 250 ml jam
- Cookies
- Pancake mix and syrup

Non-food items: laundry detergent, shampoo, toothpaste, feminine hygiene.

****To ensure the safety of our clients, we cannot accept home canning, homemade food, open packages, alcoholic beverages, mouthwash containing alcohol, cough drops, medication, severely dated or rusted cans, and items that are past expiry. Oliver Food Bank follows safety guidelines as outlined by Food Banks Canada and the BC Centre for Disease Control.

SOSS Quebec Trip, 2023

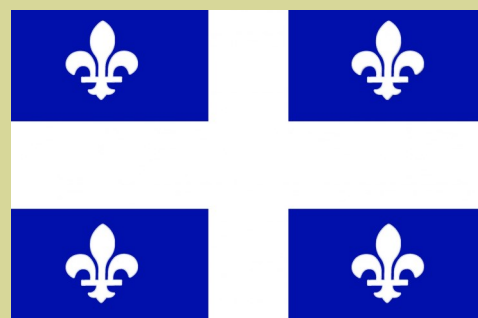
There will be an information meeting for parents/guardians of grade 9, 10 and 11 students enrolled in French classes this year at SOSS who want to go on the Quebec/Montreal French Excursion in October, 2023. A payment schedule will be set-up with the school accounts manager, starting with the first deposit of \$300 at this meeting.

Date: Wed. Oct. 12

Time: 5:00 pm

Location: SOSS library

Merci!

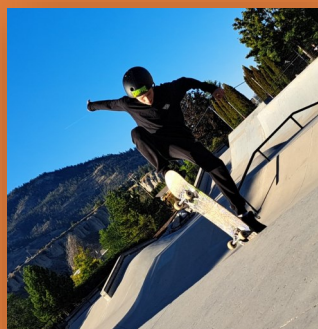


Skateboard Club

Our fall session has been great. We've been to Osoyoos, Penticton, Summerland and Oliver skateparks. The skaters have been pushing themselves and each other to persevere and learn new tricks. We've had some beginners who are developing skills and confidence and seen some impressive skating.



MIKEY SKOLOS



GRAYDEN LEBEDOFF
OLIE OUT OF THE FLAT BANK



GAVIN HEISE
BOARDSLIDE



ODIN FREDLUND

INDIGENOUS DEPARTMENT

Way'

The Indigenous Department is getting started on our Boys and Girls group, which will meet each week. Right to Play is also doing a leadership group that will take part in community activities and play an active role in making connections in the school. Sign up is still possible!

The Social Justice class worked on a wonderful assembly to honour and bring awareness for our Orange Shirt Day and the Student Voice club decorated for the day. Two of our students (Aliyah Paul and Tia Flett) provided us with a Jingle Dance along with a guest speaker, Ramona Bent from the OIB.



PAC News

The SOSS **Parent Advisory Council (PAC)** is here to ensure that parents and caregivers have an organized voice in their child's education. PAC offers an opportunity to **be involved in the student experience** (eg. by providing funding for some extracurricular activities, field trips, clubs); while providing parents with a **place to voice** concerns and issues, and receive direct feedback from the school administration and School Board Trustee. We are currently running a coffee fundraiser to help provide scholarships to the Grads at SOSS. See the flyer included in this newsletter or visit the SOSS Website to order.

Our October Meeting will be online using Zoom. Click this link: [PAC MEETING](#) to join the October meeting. Our November General Meeting will be held at the school. Details to follow.

Looking to get more involved?
Join the Board - Annual General Meeting and elections are in November.

PAC Meeting Schedule

Sept. no meeting
Thur. Oct. 20, 22
Thur. Nov. 17, 22 (AGM)
Dec. no meeting
Thur. Jan. 19, 23
Thur. Feb. 16, 23
Mar. no meeting
Thur. Apr. 20, 23



Grads vs Staff



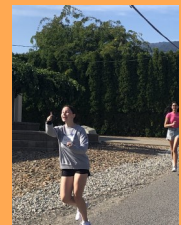
The second annual Grads vs. Staff Food Drive is happening this week! The losing team (the team that has the LEAST amount of food) cooks the winning team a gourmet lunch!



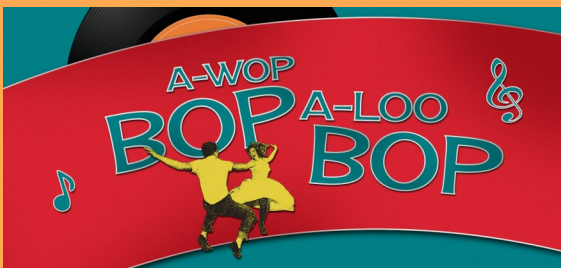
Terry Fox



We had our annual Terry Fox Run and fundraiser BBQ on September 22nd! A huge thank you to Buy-Low Foods and Kevin's No Frills for donating food for our BBQ. Together we raised \$3,623.85 for the Terry Fox Foundation. Way to go SOSS!



Musical Theatre



This years production is A-Wop Bop A-Loo Bop! It takes us back to the late 1950's as Rock & Roll is taking the airwaves by storm. Roberta "Ruby" Lester and her friends are spunky teenagers with dreams of making it big in the music business. But sometimes dreams don't go as planned. When the local radio station announces that "Rock'n'Roll has got to go", the kids take a stand for the music they love.

In the tradition of *Hairspray*, *A-Wop Bop A-Loo Bop* tells an original story based around real events in the late '50's and early '60's Rock & Roll era. This show offers plenty of roles, along with a flexible ensemble you can tailor to your casting needs. Featuring hit songs like "Rock Around The Clock", "Jailhouse Rock", "Tutti Frutti", "Up On the Roof", "The Loco-Motion", "I'm Sorry" and "Land Of 1000 Dances", this new jukebox musical will get a whole new generation of rockin' around the clock!

SOSS Athletics—Volleyball

Grade 8 Girls Volleyball

September has quickly gone by and the grade 8 girls' volleyball team enters their competitive season in October. The month starts with league matches against teams around the South Okanagan. The girls have been working incredibly hard on developing their skills and working together with new teammates. Our first games are against KVR and Summerland Middle School on Tuesday October 4th. From there, they will host matches at SOSS vs Skaha Lake Middle School and Osoyoos Secondary on Tuesday October 11th. The girls will be hosting a tournament the weekend of October 14 & 15th and will end the month with a trip up to Vernon to compete in the VSS tournament. Let's go Hornets!



Grade 8 Boys Volleyball

This fall, the Grade 8 Boys Volleyball team is made up of 19 players. This keen group of boys has been working hard to develop their skills, knowledge, and game sense related to volleyball. The team kicks off their season October 4th with home matches vs Skaha Lake and KVR. The Hornets plan to host a tournament on October 14th and 15th and will have a group travel to Vernon on October 28th and 29th for the Vernon Monster Smash. Go Hornets!



Junior Girls Volleyball (Yellow Team)

Volleyball is alive at SOSS with over 25 girls trying out at the grade 9 and 10 levels. This meant enough interest for us to enter two teams into the league: Team Green and Team Yellow.

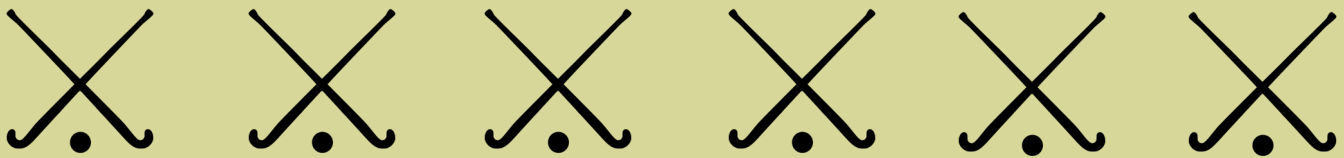
The yellow team, coached by Ms Smith and Ms Seymour, are developing through two weekly practices and one night of matches per week. Last week, on September 29th, our yellow team traveled to Osoyoos to play two matches. The first match, against home squad OSS, exposed some of our nerves and inexperience. The girls are still learning rotation and serve reception, so this was a great opportunity to transfer our practice skills to game situations. After losing the first set they rallied nicely to win the second set and send it to a third set decider. OSS

ultimately won the deciding set, however, the team showed good grit and determination. The second match against Princeton allowed for all players to get on the court and improve their understanding of game play and positioning. These are important skills to take into the remainder of the season.

SOSS Athletics

Junior Field Hockey

The junior field hockey team played in the Fall Festival September 23 & 24. The team played four games in two days in a "five aside" format. This allowed players lots of touches on the ball and lots of opportunities to develop their skills. The team won two games, tied a third and lost their fourth by only one goal. Standout efforts included goals by Ishmeet Dhaliwal, Hargun Mann, Vienna Von Burg, Audrey Nofle and Hugo Pickell. Solid defensive play by Olivia Goncalves, Meredith Lester, Maia Bellingan and goalie Nicole LeBoutillier kept the team focused and assertive. Last week the team played their first full field league game against Summerland. Hosted on our beautiful fields, players attacked with intensity but were unable to put the ball in the net against the older visiting team. The game ended in a scoreless tie, but with players happy with their effort. Along with five senior players, the team heads to Chilliwack this week for a tournament. They will play four games on artificial turf where their fitness and skills will be put to the test. Go Hornets!



Senior Field Hockey

The senior field hockey team has started the season with some great, hard-fought games—most of them ending in ties. Ties are what you get when you have a great goalie but haven't learned how to put the ball in the net! But amongst these ties and rare wins and losses we have a team that's getting stronger every game. Right now SOSS is getting ready to play on lightning-fast water-based turf in Surrey in late October, and we have some hopes of making it to Provincials this year! This great group of kids are led by Grade 12s Takdir Dhaliwal and Phi Thai and also includes Caydnce Anderson, Harleen Mann, Chantelle Gibson, Anabel Lefebvre, Mya Crowley, Emma Klassen, Kaylee Klassen, Emma Millward, Evleen Gill, Maika Dontigny, Jordyn Koteles, Riya Chahal, Annelise Goncalves, Kate Nofle, and Heera Buttar.



October Cafeteria Menu

October 2022 -Cafeteria Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Wrap Day	French Fry Day	Sandwich Day	Pizza Day	Pasta Day	1
2	3 Chicken Caesar Wrap Carrot Muffin Tomato Basil Soup Garlic Cheese Biscuit	4 Quesadillas and Fries Chocolate Chip Cookie	5 Meatball Subs Fruit Salad Blueberry Muffins	6 Pizza Day	7 Chicken Fettuccini Alfredo Caesar Salad Cream of Mushroom Soup Lemon bars	8
9	10 Thanksgiving No Service	11 Poutine Hamburger Soup Garlic Cheese biscuit Oatmeal chocolate Chip Cookies	12 BLT Sandwich and Greek Salad Gingersnap Cookies	13 Pizza Day	14 Mac and Cheese Carrot Muffins	15
16	17 Turkey Cranberry Wraps W/Stuffing Butternut Squash Soup	18 Chicken Fingers and Fries Carrot Cake	19 No Service Half Day Parent Teacher Interviews	20 No Service Half Day Parent Teacher Interviews	21 No Service Half Day Early Dismissal	22
23	24 Donairs and Corn Salad Chili Garlic Cheese Biscuit	25 Beef Burgers and Fries	26 No Service Half Day Inquiry Day	27 Pizza Day	28 Basil Pesto Bowtie Pasta Cream of Carrot Soup	29
30	31 Pumpkin Soup Salad roll Carrot Muffins Ginger Snap Cookie	Entrees \$5.00 Large Soup \$5.00 Small Soup \$3.00 Dessert \$1.00 Juice \$1.00				

Buy a bag for a
brighter future.

SOSS COFFEE FUNDRAISER



1 lb. bags locally owned & roasted. Choose from
Light/Medium, Dark, Espresso or Decaf
Whole bean or ground available \$20 each



ORDER ON LINE THROUGH THE STUDENT QUICK PAY OR SCAN
THE QR CODE BY THURS. OCT 20 - PICK UP AT SOSS ON SAT.
OCTOBER 29 10AM - 12PM

PROCEEDS WILL GO TOWARDS THE SOSS PAC SCHOLARSHIPS

IF YOU HAVE ANY QUESTIONS, PLEASE EMAIL
SOSSPAC53@GMAIL.COM